

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Spotlight Evaluation!
2	9:00am Daly Fitness No virtual group	4:30pm 4+ Kids Class 7:00pm SOLO	9:00am Daly Fitness 7:00pm SOLO	7:00pm SOLO Social Samba	7 12:00pm Technique with Sveta	9:00am Daly Fitness 12:00pm SOLO
9	class tonight!	Cha-Cha	Waltz 12	13	14	Social Class
	9:00am Daly Fitness 7:00pm Choreography Class	4:30pm 4+ Kids Class 7:00pm SOLO Bachata	9:00am Daly Fitness 7:00pm SOLO Foxtrot	7:00pm SOLOSocial Salsa	12:00pm Technique with Sveta	9:00am Daly Fitness 12:00pm SOLOSocial Class
16	9:00am Daly Fitness 7:00pm Choreography Class	4:30pm 4+ Kids Class 7:00pm SOLO East Coast Swing	9:00am Daly Fitness 7:00pm SOLO Tango	7:00pm SOLO Social Rumba	12:00pm Technique with Sveta	9:00am Daly Fitness 12:00pm SOLO Social Class
23	9:00am Daly Fitness 7:00pm Choreography Class	4:30pm 4+ Kids Class 7:00pm SOLO Lindy Hop Swing	9:00am Daly Fitness 7:00pm SOLO Samba	7:00pm SOLO Social Foxtrot	12:00pm Technique with Sveta	9:00am Daly Fitness 12:00pm SOLO Social Class
30	9:00am Daly Fitness 7:00pm Choreography Class					

No dance experience needed for any of the SOLO classes
Choreography and technoque classes are intermediate/advance level
All classes will be done with social distance until further notice
Daly Fitness – Dance exercise class. No dance experience needed. Wear sportswear.

Dance Daly Ballroom 24000 Alicia pkwy #33 Mission Viejo, CA 92691 (949)916-0755

dancedalyballroom@gmail.com